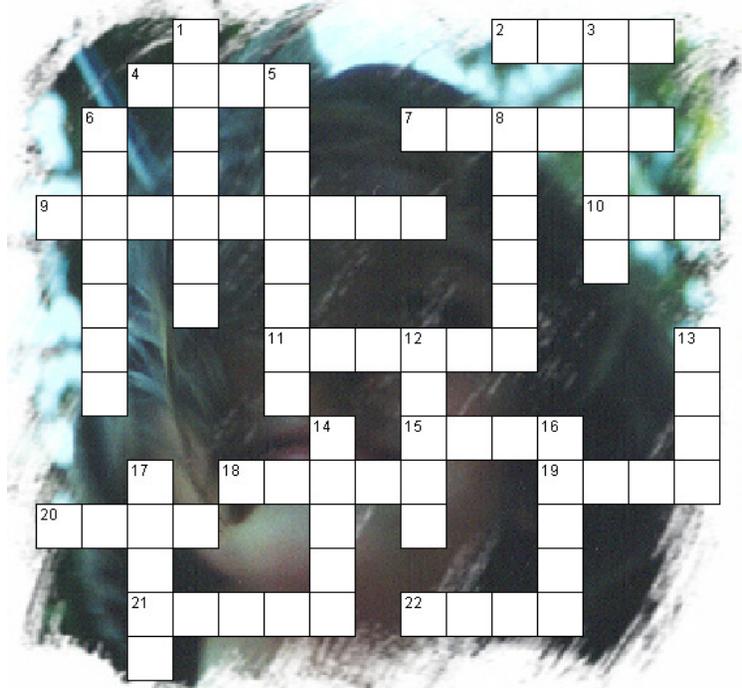


# Crossword Puzzle

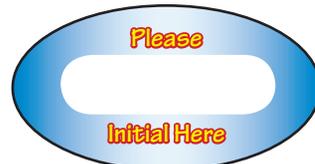


Across

Down

- |   |  |
|---|--|
| 2. ... a new ____ is born in our spirit.                              | 1. ... not want to remain a babe _____.    |
| 4. We need to feed on God's _____.                                    | 3. We may _____ the need of our inner man. |
| 7. We have a longing, a _____ in our spirit to feed upon God's Word.  | 5. We often _____ ourselves with ...       |
| 9. Our inner man longs to grow fully unto God's _____.                | 6. ...reading, _____, and entertainments.  |
| 10. The most important factor in our growth is the food that we ____. | 8. The Holy _____.                         |
| 11. _____ dwells in our spirit.                                       | 12. Our _____ man is simply...             |
| 15. We may consciously forget the _____.                              | 13. Our inner man needs to _____.          |
| 18. We should set _____ some time...                                  | 14. We need to read the _____.             |
| 19. When we are regenerated, our inner man is born _____.             | 16. The Psalmist who loved God's Word.     |
| 20. The most important factor in our growth is the ____ that we eat.  | 17. Sweeter than honey to my _____.        |
| 21. We can develop a ____ for God's Word.                             |  |
| 22. God's word is more desirable than _____.                          |  |

**Parent's Initials:**



## The Truth and Experience of God's Salvation

- Lesson Twenty-Two -

### How to Contact the Lord (4) -

### By Reading the Bible (1)

#### I. Overview.

When we are regenerated, our inner man is born anew. Our inner man, our spirit, was deadened because of sin, but it has now been made alive again. It is like a newborn babe and needs to grow and mature. In order for our inner man to grow, it must be fed. The way that we feed our inner man is by reading God's Word.



*Our inner man is born as a babe when we are saved. It needs to be fed with God's Word.*

As we read and pray over God's word, we actually are being nourished in our spirit. This causes us to grow. We should try to read something in the Bible each day. Our newborn spirit has an inward hunger for God's Word. We should not ignore our spirit's longing and substitute other things for God's Word. Rather, we should be clear that our first and foremost need each day is to feed upon God's Word.

#### II. Memory Verse.

**"As newborn babes, long for the guileless milk of the word in order that by it you may grow unto salvation.**

(1 Pet. 2:2)

### III. Lesson.

There are two great treasures that the Lord has given to His children. First, there is His Holy Spirit, and secondly, His holy Word. Once we have believed in the Lord Jesus and have been received His life, we are born again and the Holy Spirit of the Lord actually lives in us.

By being born again, a new life is born in our spirit. This is the beginning of our “inner man.” Our inner man is simply our human spirit blended with Christ. Although Christ does dwell in our spirit when we are newly saved Christians, He needs to grow and be formed in us. This is for our inner man to mature.

#### Long for God’s Word in Order to Grow

The Lord grows in us through our feeding on the Word of God. The most important factor in our growth is the food we eat. As “newborn babes” in Christ, we should “long for the guileless [pure] milk of the Word” of God (1 Pet. 2:2). Every babe cries out for milk. No one taught it to do so, it’s nature and stomach teaches it. We also, as God’s children, have a longing, a desire in our spirit to feed upon His Word so that we may grow.



*Some foods seem to be attractive, but they don't nourish. Don't substitute entertainment for God's Word.*

Our inner man does not want to remain as a babe forever, it longs to mature and grow fully into God’s salvation. It is easy to ignore the yearning cry of the babe in our spirit. After a while we may not even realize that our inner man is hungry. We often distract ourselves with other things that seem more important or exciting than feeding our inner

man, like reading, playing, and entertainments. Although we may consciously forget the need of our inner man, still he is unsatisfied, yearning for some spiritual nourishment from God’s Word.

If we will set aside some time each day for reading God’s Word in the Bible we will develop a taste for it. Through the reading of God’s Word we sense that we can actually “taste” the Lord (1 Pet. 2:2; Psa. 34:8). We will eventually proclaim as King David did in the Psalms, “How sweet are thy words unto my taste! Yea, sweeter than honey to my mouth” (Psa. 119:103). We will come to value God’s Word to be more to be desired than gold, even much fine gold (Psa. 19:10).

#### --- QUESTIONS FOR DISCUSSION ---

1. What is our inner man?  
\_\_\_\_\_  
\_\_\_\_\_
2. After we are regenerated, born of God in our spirit, what do we need to do?  
\_\_\_\_\_  
\_\_\_\_\_
3. How often should we read the Word?  
\_\_\_\_\_  
\_\_\_\_\_
4. How can we develop a taste for God’s Word?  
\_\_\_\_\_  
\_\_\_\_\_