

Children's Meeting – PreK & K – Lesson 5

Title – Light

Main Burden – We need light. God created light for us. We eat, play, and go to school during the day when there is light, and we rest during the night when it is dark.

I Introduction

1. Welcome the children, check any new ones or visitors, and learn their names.
2. Make sure the children know the teachers' names.

II Notebook & Memory Verse

1. Ask the children who can say their memory verse from last week.
2. Allow those who know the verse to say it one by one.
3. Put sticker on their lesson next to the memory verse.

III Review

1. Review previous lessons
2. God is the Creator
3. A long, long time ago, the world was empty and dark.
4. God created light by speaking.
5. God said, "Let there be light, and there was light."
6. God separated the light from the darkness.
7. God called the light day, and the darkness, night.

IV Lesson

1. God knew what man needs – light.
2. We need light to see, to play, to read...
3. Without light, we will bump into furniture, the wall or the doors.
4. Without light, we may hurt ourselves when we run around in the dark.
5. Who can tell me what else could happen to us if there is no light –
Allow the children to share --
6. Now let us talk about what kinds of things do we do during the day when there is light.
Allow time for the children to tell us things they do during the day.
Yes, that is right. During the day, we play, we color, we eat, and go to school...
7. And what kinds of things do we do in the night.
Again allow time for the children to answer.
8. Yes, we sleep during the night.
9. God designed a day and a night so we can rest after a day's activities and have energy for the next day.
10. What happens if we do not rest or sleep in the night?
That's right, you get too tired the next day and you might even get sick.
11. We need to obey what God has designed for us to do.
12. How do we obey God? By obeying our parents.
We obey when our parents say its time to go to bed.

Activity:

Lay out a blanket on an open area in the classroom. Tell the children that we are going to pretend it is night, and we go to sleep, and then we will pretend it is day, and it is time to wake up. Sing the song to the tune to "Frere Jacques". As you sing, have the children lie down, close their eyes, and pretend to sleep. Repeat the verse until "good night" has been sung to every child. Then sing the second verse as a signal for each one to wake up.

Now it's nighttime, Now it's nighttime
Time to sleep! Time to sleep!
Say "Goodnight" to (child's name)
Say "Goodnight" to (different child's name)
God to sleep. Go to sleep.

Now it's daytime. Now it's daytime.
Time to wake! Time to wake!
Say "Hello" to (child's name)
Say "Hello" to (different child's name)
You're awake. You're awake.

V Give each child his/her lesson sheet.

Read the lines on the lesson with the children, and have them repeat after you.
You may want to repeat each line at least twice.

VI Memory Verse: (Say it to the children and then have them repeat with you several times)

"God is light and in Him there is no darkness at all." I John 1:5

VII Song (These are suggested songs, you may sing other songs that the children like.)

God made the mountains (Lesson 3)
This is the day (Lesson 4)

VIII Coloring Page

Today we are going to color this page (show the children the coloring page) showing Day and Night. What do we do during the day? (Children answer) and what do we do during the night? (Children answer).

IX Craft – Day & Night Paper Plate Craft – see instruction page.

X Preparation –

Read and pray over Gen 1:3 and I John 1:5.

Make copies of the lesson and the coloring page for the children.

Bring a big blanket for the activity.

For the craft – 2 paper plates per child, black marker, scissors, glue, stapler, ribbon or yarn.

Different pictures of kids playing and kids sleeping are provided, or use what you can find in children magazines.

Make copies of this page; make sure there are enough for the children. Each child will need one kid's playing and one kid's sleeping pictures.

Lesson 5 GOD'S CREATION LIGHT



God said,

“Let there be light, and there was light.”

And God saw that the light was good,

And God separated the light from the darkness.

God called the light day,

God called the darkness night.

Bible Verse:

**“God is light and in Him
there is no darkness at all.” I John 1:5**



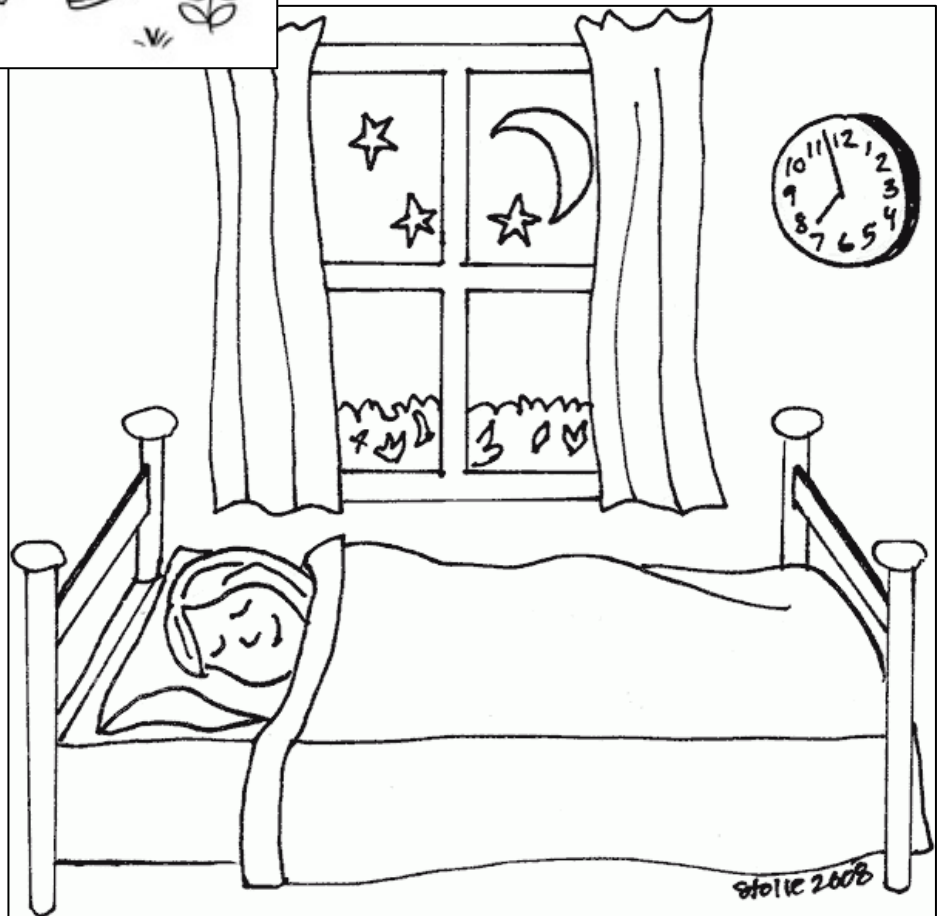
**God made the mountains.
God made the rolling hills.
God made the flowers.
God made the daffodils.
God made every tree.
God made you and me.
Hallelujah, Hallelujah,
Hallelujah, Hallelujah**



DAY

“God is light and in Him there is no darkness at all.” I John 1:5

NIGHT



Craft: Make a Day and Night Paper Plate Craft

1. Each child will need 2 white paper plates.
2. Color the bottom side of one of the plates black. Color the rim of the entire plate.
3. Cut out pictures of kids playing and kids sleeping, one set per child.
4. Glue the picture of kids playing in the middle of the bottom of the white plate.
5. Glue the picture of kids sleeping in the middle of the bottom of the plate that is colored black.
6. Glue or staple the two plates together, so one side is showing “day” and the other side is “night”.
7. Add a ribbon for hanging on the top of the plates.





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