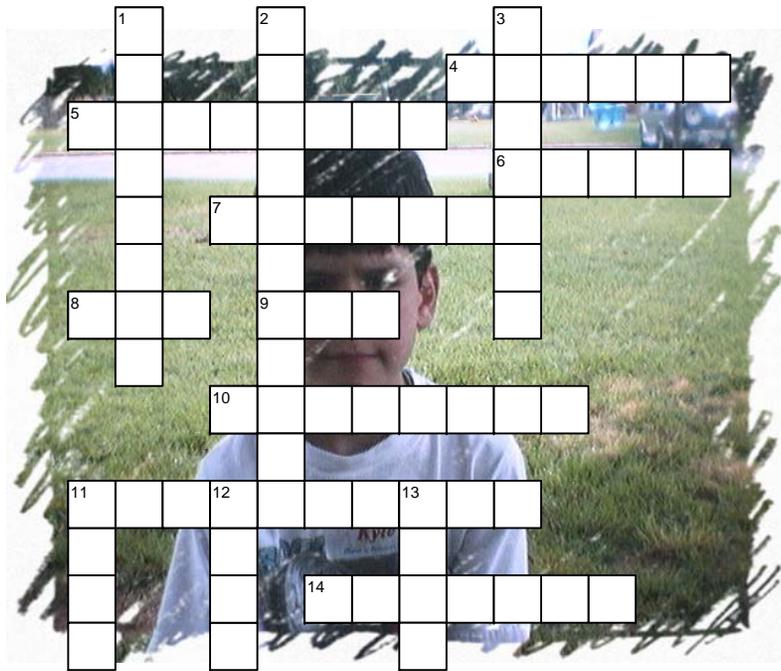


# Crossword Puzzle



Across

Down

- |   |   |
|---|---|
| <p>4. The ____ commandment tells us to remember the Sabbath and keep it holy.</p> <p>5. God commanded man to _____ the Sabbath.</p> <p>6. Man should not work like a ____ seven days a week and forget about his God.</p> <p>7. Rember to keep holy the _____ day.</p> <p>8. ____ created all things.</p> <p>9. On the seventh ____ He rested.</p> <p>10. We needed a constant _____ to tell us _____ that God was the creator of all things.</p> <p>11. All thinas _____ belona to Him, even</p> | <p>1. The fourth commandment reminds us of God in His work of _____.</p> <p>2. This lesson is about the fourth _____.</p> <p>3. The first three commandments taught us _____ to _____ only Him.</p> <p>11. On the seventh day man was to _____ with God.</p> <p>12. Rember the Sabbath day and keep it _____.</p> <p>13. All that we need in order to _____ comes _____ from God.</p> |
|---|---|

2-6

## The Ten Commandments

- Lesson Eight -

### The Fourth Commandment (1) Remember the Sabbath Day

#### I. Overview.

God commanded man to remember the Sabbath day and to sanctify it, that is, to keep it holy. To remember the Sabbath and to keep it holy is to remember that we have been created by God and created for God. It is also to remember that our God is the One who will take care of all of our needs and that He will be our enjoyment and rest.



Man should not slave for himself seven days a week and forget his God. This would be to forget the purpose for which we were created. Rather, we should trust our God to supply all our needs. So God gave us the Sabbath as a constant reminder that He is our Creator. He is also our Sustainer, the supplier of all our needs.

**Observe the Sabbath...  
It is a sign between Me and the children of Israel forever;  
For in six days Jehovah made the heaven and earth, and on the seventh day He rested and was refreshed.**

**(Exo. 31:17-18)**

#### II. Memory Verse.

**“Remember the Sabbath day so as to sanctify it.”**

**(Exo. 20:8)**

Parent's  
Initials:

### III. Lesson.

#### A Reminder of Our Creator

The first three commandments that God gave man were related to God Himself. They taught His people to worship only God and to use His name rightly. The fourth commandment reminds us of our God in His work of Creation. God wants His people to live with a constant reminder that He is their Creator. He is also the Creator of all things. All things came into being through Him. All things are for God and for His purpose. Therefore all things rightfully belong to God including ourselves.

#### God is Our Sustainer

God is also our Sustainer. This means that He is the unique source and supplier of everything that we need to live. He is the source of our health, our strength, our ability to work, earn money and buy food. We may be the ones that “plow and plant”, but if God does not send the rain there will be no harvest. He is therefore not only our Creator but also our Sustainer.



**It is God who gives seed to man in order for man to grow things. The seeds are full of life in themselves. What a miracle!**

#### God Worked for Six Days Then He Rested

God worked for six days to prepare the earth for man. He prepared light, air, land, plants and animals. After everything was ready, He created man. Finally there was a man on the earth with God’s image and likeness for God’s expression. This made God very happy and

satisfied. So on the seventh day He rested. God rested, not because He was tired, but because He was happy and satisfied. When God had man on the earth, He had reached the goal of His creation.

#### God Rested With Man on the Seventh Day

The first thing that Adam did after he was created was to rest and fellowship with God. Adam enjoyed God. This was the Sabbath day. It was a day for man to rest and to enjoy God. When God told man to remember the Sabbath day and to keep it holy, He wanted them to rest together with Him. In the New Testament, we have the Lord’s Day to replace the Sabbath, a day for us to remember what the Lord Jesus has done for us. We will discuss the Lord’s Day next week.

#### --- Questions for Discussion ---

1. Why did God want man to remember the Sabbath?  
\_\_\_\_\_  
\_\_\_\_\_
2. What did man do after he was created?  
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\_\_\_\_\_
3. What does it mean for God to be our Sustainer?  
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4. How did God prepare the earth for man?  
\_\_\_\_\_  
\_\_\_\_\_
5. Why did God rest on the Sabbath day?  
\_\_\_\_\_  
\_\_\_\_\_